

# IGNITER

Professional Women's Network Newsletter

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#### Our mission statement:

*Professional Women's Network facilitates business development by inspiring relationships among women in all professions.*

#### Upcoming Special Events:

- *March 6<sup>th</sup> – Mad Hatter Lunch!*
- *March 10<sup>th</sup> – Janet Coulston Cooking Class*

### Hats Off to PWN!

Hi, everybody!

If you missed the February luncheon I would like to bring you up to date on the exciting changes that took place. From feedback that I received it was a grand success, and I am sure once everyone gets used to the new schedule it will run very smoothly:

12:00 Networking  
12:15 Lunch Served/Announcements  
12:30 Table go-rounds  
12:45 1<sup>st</sup> Speaker  
1:00 2<sup>nd</sup> Speaker  
1:15 30 Second go--rounds  
1:40 Scheduling Networking Opportunities  
1:50 PWN Acknowledgements  
2:00 Closing remarks - adjourn

Mark your calendars for March events. Have you ever taken a cooking class with Janet Coulston? This rare opportunity is happening March 10<sup>th</sup>; see details below. And don't forget to wear your bonnet to the March Mad Hatters Luncheon!

#### *And We Bid Sweet Adieu*

You may have missed some pretty special women from our luncheons lately, our "senior members" who were pivotal in creating PWN. We say farewell to JR Nuerge, Delia Ehrlich, Mary Ann Wetzork, and Janet Gallin who have all given so much to this group to help shape and form what our organization is today. They were all Spirit of PWN recipients, the award given to the woman who demonstrates outstanding qualities in



Sheryl Krajewski demonstrates her hat moxie at a Mad Hatter lunch. March is a fun time at PWN; this is the month we play dress-up and wear a hat to lunch. Best hat gets their picture in the March Igniter.

New additions to the newsletter are your comments that were placed in the suggestion bag. Each month I will answer to the best of my ability solutions or reasons why things happen the way they do at PWN. As you can see, there is much to experience at PWN. We hope to see you at the luncheons and the many events happening during the year.

– **Kathleen Horvath**, President their professional life, as well as their exceptional contributions to PWN. We thank them for all they have done. Their love and commitment to our professional women's group is unsurpassed, and they will be truly missed. We wish them well in their current and future endeavors. We hope they will always feel welcome to return to us at any time they choose.

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## *Cooking Class with Janet Coulston*

### HORS D'OEUVRE CLASS

Tuesday March 10, 2009 6-9 P.M.

555 O'Neill Ave., Belmont, CA

Cost \$75.00

- 1) Thai Beef with Basil, Mint & Cilantro on Cucumber
- 2) Crab Cakes with a pasillo chili sauce with lime
- 3) Chipotle Pork with cucumber mango salsa served on little rolls
- 4) Asian pears with blue cheese, port and pecans
- 5) Puff pastry with 3 fillings: sweet potato with brown butter; caramelized onions with orange; asparagus

Class limited to 12 attendees, so RSVP quickly! Contact Janet at 650.591.9600.

### *March Presenters*

**Willie Victor** is a nutrition consultant located in Mill Valley. She works with children and adults with GI problems, autoimmune, allergies to food and the environment, obesity, high cholesterol and diabetes. **Julia Wald**, Estate Planning Attorney, will also speak at the lunch.

### *From the Suggestion Bag*

**"Could we lower the lunch rate to \$30?"**

I really wish we could. Believe me, the Board has been scouring the city to find a lower rate and still maintain the high quality we get now. Many other weekly networking groups pay at least \$10.00 - \$15.00 for a buffet breakfast. So this really is a cost-effective way to meet and get a sit down lunch that's served to us. -

**Kathleen Horvath**, President

## *Member Profile – Kim Connector*



Kim Connector originally hailed from Long Island, New York, but fell in love with San Francisco while on vacation. For the past 10 years, she was an elementary and Special Day Class teacher in Oakland and Daly City, before starting her business, Fashion Slave, last June.

This is not Kim's first business. She started Swim with Kim when she was 18, teaching swimming lessons in people's homes. "It helped pay for college, and taught me the importance of being consistent, creative, and kind in business. It also helped me gain independence, confidence and control in my life, which I'll apply to my new business as well."

Fashion Slave is Kim's way of providing her knowledge of San Francisco's rich fashion and arts scene to her clients, helping them maximize their time by minimizing their wandering. Kim enjoys cooking, sewing, riding her bike, yoga, shopping, restaurants and live music.

**2009 Meeting Dates—First Friday of each month except for holiday weekends.**

Jan. 9<sup>th</sup>, Feb. 6<sup>th</sup>, Mar. 6<sup>th</sup>, Apr. 3<sup>rd</sup>, May 1<sup>st</sup>, Jun. 5<sup>th</sup>, Jul. 10<sup>th</sup>, Aug 7<sup>th</sup>, Sep. 11<sup>th</sup>, Oct. 2<sup>nd</sup>, Nov. 6<sup>th</sup>, Dec. 4<sup>th</sup>