

# IGNITER

Professional Women's Network Newsletter

601 Van Ness Ave. #E3-837 • San Francisco, CA 94102 • Vmail 415-905-4105  
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Our mission statement:

Professional Women's Network facilitates business development by inspiring relationships among women in all professions.

## PWN "Gets Motivated!"

A few weeks ago I had the great pleasure of attending the "Get Motivated" speaker series. Some of my favorites were General Colin Powell, Michael Phelps and Rudolph Giuliani. Goal Achievement Expert Krish Dhanam touched me the most:

**Develop leadership** – Find a problem and help raise it up; you were born for such a time

**Build partnership** – opportunities exist at many levels

**Take ownership** – you are not responsible for your heritage, but you are accountable for your future

**Restore relationships** – don't let your children walk around with a hole in their hearts where a blessing should be

**Practice stewardship** – give more than you have - leave more than you take

**Your career is what you are paid for; your purpose is what you are made for**

**Offer praise to your inner circle** (woohoo PWN board and members-it takes a village)

Take any one of these tips and apply it to

### June Presenters

**Andrea Sanchez** will speak to us about her business, Total Skincare. Her specialties are working with adult acne and anti aging treatments. **Grace Furst** will speak to us about her hypnotherapy business.



Andrea Sanchez



Grace Furst



Having fun at our PWN lunch

PWN and we have a model for success. There are so many ways to build your visibility and credibility through PWN outside of our monthly luncheons. You can meet with one or two members for coffee or lunch, or join us for special events scheduled throughout the year: Summer-time Bowling by the Beach, a fundraiser for updates to our website, and Ladies who Launch for Business Development. We're sold out for "Wicked," but try the wait list:

[leeabel@mindspring.com](mailto:leeabel@mindspring.com)

– **Kathleen Horvath**, President  
*Opera in the Park June 5th*

PWN hopes to see you at ATT&T Park Friday night, June 5<sup>th</sup>, for San Francisco Opera's simulcast of *Tosca* on the big screen And, it's free! Go to [www.sfopera.com/simulcast](http://www.sfopera.com/simulcast) or [http://sfopera.com/spact/tosca\\_att\\_sig\\_nup.asp](http://sfopera.com/spact/tosca_att_sig_nup.asp) to order up to four tickets. You need to register and print out your bar-coded confirmation. There are restrictions on what you can bring into the park, so read the details on the registration page. Gates open at 6:30 for the 8:00 performance. We hope to see you there!

### Upcoming Special Events:

- June 5<sup>th</sup> – *Opera in the Park*
- June 13<sup>th</sup> – *Tama's Thrift Walk*

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[www.pwnetwork.com](http://www.pwnetwork.com)

## 2009 Board of Directors

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## Photos from our Fabulous Lunches!



Azeb Clark



Breeze Carlile



Merry Selk



Tama Greenberg



Marnie Reasor



Diane Judd, Eileen Bermingham, Breeze Carlile

## Summer Fun!



Saturday, June 13th

- Thrift walk, hosted by Tama Greenberg. Our resident connoisseur of thrift shops has planned a guided tour of the best thrift shops in town. "We'll meet at 9:45 a.m. at The Grove coffeehouse at 2016 Fillmore (near Pine). We'll start at the Junior League, Sacred Heart and Symphony thrift shops, all on Fillmore. Then, if we have time, on to outer Sacramento Street, and Good Buys' consignment stores. We will have lunch along the way. The only cost will be what you purchase. If you are interested in joining us, please let me know by Friday, June 12th, so I will know to wait for you at the Grove." Tama can be reached by phone (415-885-4293) or her cell (415-640-3173) or e-mail ([tama3@mindspring.com](mailto:tama3@mindspring.com)).

**2009 Meeting Dates—First Friday of each month except for holiday weekends.**

Jan. 9<sup>th</sup>, Feb. 6<sup>th</sup>, Mar. 6<sup>th</sup>, Apr. 3<sup>rd</sup>, May 1<sup>st</sup>, Jun. 5<sup>th</sup>, Jul. 10<sup>th</sup>, Aug 7<sup>th</sup>, Sep. 11<sup>th</sup>, Oct. 2<sup>nd</sup>, Nov. 6<sup>th</sup>, Dec. 4<sup>th</sup>